

SYNERGIE SKIN® AND SYNERGIE PRACTITIONER PRODUCT GUIDE

Concern		Step 1 CLEANSE	Step 2 APPLY SERUM		Step 3 MOISTURIZE / PROTECT	Step 4 ADDITIONAL CARE
ESSENTIAL			SYNERGIE SKIN	SYNERGIE PRACTITIONER ¹		
		Ultracleanse (for general use, or choose from those below)	Vitamin A²	Ultimate A (vitamin A serum) or Acceler-A³ (next step vitamin A serum)	A³	Überzinc Überzinc Body
			Vitamin B	Vitamin B serum (B3/niacinamide serum) or XCell B³ (next step vitamin B serum)	Priority-B³	
			Vitamin C⁴	Pure C Crystals⁵ (vitamin C crystals) or SupremaC+ (vitamin C lotion)	Vit C-plus Crystals⁶	
TARGETED	Well-Aging	Detox Antiox Konjac Sponge MediScrub		SuperSerum+	Reclaim B-Juvenate	Enviroshield Elastense Masquerase Reveal or Exfol-X
	Eyes			ImprovEyes Night & Day		
	Pigmentation			Enlighten	Vanish	BrightEnlite
	Acne/Oily Skin	Detox Antiox Konjac Sponge Mediscrub		Blem-X	D-Congest	Hydrogel BrightEnlite
	Dryness	Biocleanse				Dermiotic BACne Reveal
	Redness/ Sensitive skin	Biocleanse ⁷ MicroPolish Powder				Hydrolock BrightEnlite
	Large pores					Hydrolock BrightEnlite
	Post-treatment					Evapore-8
						Occlusiderm Recover Balm AfterCare Gel

See over for Footnotes and the 'Rules'

Footnotes

1. [Blue](#) products are Synergie Practitioner; they are only available from clinics and medi-spas where a physician is in attendance. 2. Vitamin A products should not be used in pregnant or lactating women, or post-treatment. 3. Step up and Practitioner versions should only be used after 3-6 months' use of Ultimate A serum/Vitamin B serum. 4. Not post-treatment. 5. Mix into SuperSerum+, Hydrogel, Enlighten, or Reveal. 6. Mix into SuperSerum+, Hydrogel, Vanish, or Exfol-X.. 7. Do not use if sensitive to rose geranium essential oil.

THE 'RULES'

1. Basic routine is **Cleanse → Treat → Moisturize / Protect**
2. Everyone needs the Essentials!
3. Use thinnest products to thickest (i.e. thinner products applied before thicker ones).
4. Wait ~5 minutes after applying serums, before applying moisturizers.
5. Vitamins A and B are compatible but never mix or use them at the same time as either form of vitamin C.
6. Use vitamin C in the morning and vitamins A+B in the evening.
7. One pump should be enough for both the face and neck.